

GIWINGTUESDAY CHAPTER SUPPORTER ACTION GUIDE

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Create a Facebook Fundraiser

From our Facebook page, click on "Fundraisers" and then select **The ALS Association Golden West Chapter!**



Make a Video

Share your "why"- your personal reasons for advancing the search for effective treatments and cures. **Create and post a video** about your involvement in the fight against ALS.



Every 90 Minutes, Help Raise ALS Awareness

Every 90 minutes someone is diagnosed or loses their battle to this fatal disease. **Share facts about ALS** in 90 minute intervals on your social media channels



Like and Share the Chapter's Giving Tuesday Posts

Please share our Giving Tuesday posts on **your social pages**! Use the tag **@alsagoldenwest** and the hashtags **#OurALSCommunity** and **#GivingTuesday!**



Send an Email

Reach out to your friends, family and colleagues with an email and ask them to support our ALS community and the Golden West Chapter.



Recruit Your Friends

Ask **three friends** to donate or to match your Giving Tuesday gift.

THE ALS ASSOCIATION GOLDEN WEST CHAPTER



Get Creative!

There are all sorts of ways to participate in this global day of giving - just email us at **social.media@alsagoldenwest.org** and we'll help you brainstorm some ideas!

WEBSITE: alsagoldenwest.org DONATE: give.alsagoldenwest.org FACEBOOK: facebook.com/alsagoldenwest INSTAGRAM: instagram.com/alsagoldenwest TWITTER: twitter.com/alsagoldenwest

For more information on how you can take part in Giving Tuesday and support families with ALS, please contact us at social.media@alsagoldenwest.org