

GIWINGTUESDAY CHAPTER SUPPORTER ACTION GUIDE



Create a Facebook Fundraiser

From our Facebook page, click on "Fundraisers" and then select

The ALS Association Golden West Chapter!



Make a Video

Share your "why" - your personal reasons for advancing the search for effective treatments and cures. **Create and post a video** about your involvement in the fight against ALS.



Every 90 Minutes, Help Raise ALS Awareness

Every 90 minutes someone is diagnosed or loses their battle to this fatal disease. **Share facts about ALS** in 90 minute intervals on your

social media channels



Like and Share the Chapter's Giving Tuesday Posts

Please share our Giving
Tuesday posts on your
social pages! Use the
tag @alsagoldenwest
and the hashtags
#OurALSCommunity and
#GivingTuesday!



Send an Email

Reach out to your friends, family and colleagues with an email and ask them to support our ALS community and the Golden West Chapter.



Recruit Your Friends

Ask **three friends** to donate or to match your Giving Tuesday gift.



Get Creative!

There are all sorts of ways to participate in this global day of giving - just email us at **social.media@alsagoldenwest.org** and we'll help you brainstorm some ideas!

THE ALS ASSOCIATION GOLDEN WEST CHAPTER

WEBSITE: alsagoldenwest.org

DONATE: give.alsagoldenwest.org

FACEBOOK: facebook.com/alsagoldenwest INSTAGRAM: instagram.com/alsagoldenwest

TWITTER: twitter.com/alsagoldenwest